

Joint California - Ukraine Civilian Military

Medical Disaster Workshop

"A Rough and Ready 2004"

June 4-12, 2004

Lviv, Ukraine



Rev. February 2004

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Medical Disaster Workshop
Rough and Ready 2004**

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The State of California has sought volunteer applicants from California Disaster Medical Assistance Teams for a joint US-Ukrainian earthquake workshop tentatively scheduled for June 6-11, 2003. The actual event site is in the western part of the Ukraine, near Lviv. However, the deployment period for the main body will be June 4-12.

The California National Guard is the sponsoring agency through the State Partnership Program. The Ukrainian Ministry of Defense, Ministry of Emergencies, and Ministry of Health will be participants from the Ukraine.

This will be primarily a medical event. We would be working with the Ukrainians in a simulated earthquake event, similar in nature to the California DMAT exercises.

The workshop event will take place at a Ukrainian Training facility near Lviv, in the western portion of the Ukraine. The team will be housed at the training center and that food will be in a mess facility at the training center with the Ukrainian participants.

The team will arrive and depart together via commercial air service.

The total team must be compatible with our mission for an earthquake response. This event will consist of both a command post exercise and a field component.

Purpose of Event

The goal of this is focused upon engaging the Ukrainians and working through the process of disaster response cooperatively. The purpose of this event is to jointly work through a disaster situation involving an earthquake scenario. We will learn as much from the Ukrainians as they learn from us, if not more. The purpose of this trip is also to work with the Ukrainian medical contingent to develop a sense of cooperation and friendship.

Who is going?

It is estimated that the entire contingent from California will total about 200 participants, depending upon funding availability. These participants will be from the California National Guard, EMSA, and OES. There are 91 civilian positions allocated.

Team Organization

Dan Smiley from EMSA will serve as the primary civilian leader for this event and as such will attempt to coordinate the activities of the civilian side with the Military side of this event. This is BOTH a civilian and military event and we must work closely together.

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You are expected to follow the normal chain of command when dealing with problems or issues.

Main Body Itinerary (2004)

June 4 Departure from California
June 5 Arrival in L'viv, Ukraine
June 6 Setup and Preparation
June 7 Site Preparation
June 8 Event Phase I (Earthquake site scenario)
June 9 Event Phase II (Train Derailment and DMAT activities)
June 10 Event After-Action Review, Equipment Demonstration, and packing
June 11 Final Packing and Cultural Activities
June 12 Departure and Return to California

Location of the Event

Yavoriv Training Center, Ukraine

Reimbursement

Funding for this program is through the State Partnership program. Funding for Travel and Per Diem food and lodging will be through the CA ANG funding program. No reimbursement for salary or honoraria is available. Hopefully, this could be part of any training time available by the regular employer.

Passports and Visa

A current passport will be required. Ukraine visas will be obtained for those team members that have been selected (plus several standby positions). These visa costs are reimbursable.

Identification

Team members should bring their NDMS cards with them. ID tags are optional.

Recommended Immunizations

Each participant should have the following immunizations. These immunizations should be recorded in the Ayellow@immunization record from the World Health Organization.

Flu (current year)
MMR (mumps, measles, rubella)
Typhoid (Oral Vivotif)
Dt (Diphtheria, Tetanus) booster
Polio booster with inactivated vaccine (SQ)
Menningococcal
Pneumococcal (Pneumovax)

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Hepatitis A
Hepatitis B
TB screening (within prior 6 months)

Health and Fitness

This will be a rigorous physical event. Participants should be in excellent health and physical condition.

Selected participants should be within recommended height/weight tables. As the medical care in Ukraine is generally below expected standards in the U.S., EMSA would like to minimize the chance of hospitalization in Ukraine.

You will be required to complete a medical information form prior to departure to make ensure that you are "qualified for deployment" and to ensure that a medical history is available for the medical staff.

Language

The official language of the County of Ukraine is Ukrainian. Ukrainian is widely spoken in the western portion of Ukraine near Lviv. However, Russian is also widely spoken throughout the country.

For the purpose of this event, however, Russian will be the working language because of other countries involvement.

Pre-Deployment Briefings

It is anticipated that a pre-deployment briefing and team meeting will occur prior to departure.

These briefings will include a review of procedures, cultural considerations, force protection briefings, and other critical information necessary to make the event safe and successful.

Travel and Transportation

Transportation will be by commercial airline to Frankfurt. The use of US military aircraft to shuttle personnel from Frankfurt to L'viv is likely.

The team will travel together as groups with a specified group leader. It is impossible to make special arrangements for travel to or from L'viv.

Housing/Billeting

Barracks at the Yavoriv Training Center will be used to billet the participants. Linen and blankets will be provided. A sleeping bag is not necessary. The barracks will generally be in an open bay area, housing up to 50 participants per area.

Showers will be available. Sometimes hot water will be available also.

Food and Water

Food will be provided at the Yavoriv Training Center through the mess hall.

Electrical Power

Two prong, 220 v 50 cycle power is used.

Money to Bring

The Ukraine is a cash economy. It is recommended that \$200-300 be brought for purchase of souvenirs or other items, if desired.

Climate

The weather in June in the Lviv area is pleasant. It is usually warm and sunny. However, rain can be common during this time.

The area of Yavoriv will likely have some mosquitos during this time. Insect repellent and long sleeve shirts will reduce the frequency of attack.

Phone Calls and other Communication

A phone system will be available for international calls from Yavoriv. Phone cards may be purchased there that will work with the phone system.

E-mail communications may also be available. It is recommended that you have a "Hotmail", "AOL", or other easily accessible account for receipt of e-mail via the web.

Other Information

Other specific information will become available as the process proceeds.

Clothing

The NDMS DMAT Khaki uniform is the required uniform.

EMSA will make contact with NDMS to discuss this issue. However, at this time the individuals selected will be part of a California EMS Authority event with the CA ANG. In fact, with respect to clothing and uniforms, we will designate the types of clothing to be worn during the event.

Packing

When packing, use a "two bag" system. Bring a carryon bag with enough personal hygiene items and clothing to last for 2-3 days, in the event that your bag is temporarily misplaced. A separate bag may be checked via the air carrier.

The following list is recommended as a minimum guideline:

Checklist of Personal Items to Bring

	Personal Items		
1	Passport (with current Visa)	1	Camera
1	Airline Tickets		Extra Film
1	Travel Orders (CA National Guard)		Extra Battery
1	Level 1 Force Protection Certificate	1	Flashlight, small with batteries
1	Immunization Card (WHO)	1	Bottle Opener
1	NDMS Identification Card	1	Personal First Aid Kit
	Money (\$200-300)	1	Watch
1	ID "Dog" Tags, set	1	Small Combination Lock for Duffle-bag/suitcase (for use at Camp)
1	Sunglasses, pr.		
1	Electrical Plug adapter, 2 prong		
1	Umbrella		
1	Day-Pack, Black (for travel)		
	Clothing		
2-3	DMAT Khaki BDU Uniform (Last Name, and NDMS above Pockets)	3	"Civilian" shirts
3	EMSA Shirts	2	"Civilian" pants
1	Pants, Tan/Khaki, "Docker-type"	1	Comfortable shoes, pr.
1	Boots, black (pr.)	1	Beach/Shower sandals, pr.
1	Hat, Navy Blue EMSA	prn	Other clothing, as necessary
2	T-shirts, Navy Blue (any style/team)	1	Water Resistant Coat, as desired
1	Fleece Jacket, Black	1	Gloves, Pr.
1	Belt, Black, Web-Style	1	"set of nice clothing"
prn	Underwear	1	Duffel Bag, Black
prn	Socks		
	Personal Toiletries		
1	Soap, Bar	1	Sunscreen
1	Shampoo	1	Insect Repellent (Important)
prn	Personal toiletries, as needed	1	Tissue
1	Toilet Paper, roll	1	Hand Sanitizer
1	Towel, Bath		

Force Protection

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Level 1 Force Protection Training is required within 6 months of deployment. Go to the site at:

<http://www.at-awareness.org/index.htm>

Access Code is: Aware

Complete the registration form and sign-in as a DOD civilian

The training should take about 1 hour.

Print and sign your certificate after completion of the training. Print your certificate in landscape format.

Bring the certificate with you. It will be collected.

Real-Time Medical Plan

Objectives

To provide 24-hour comprehensive medical care to non-military personnel, including advance team members, for the entire duration of the Rough & Ready 2004 exercise.

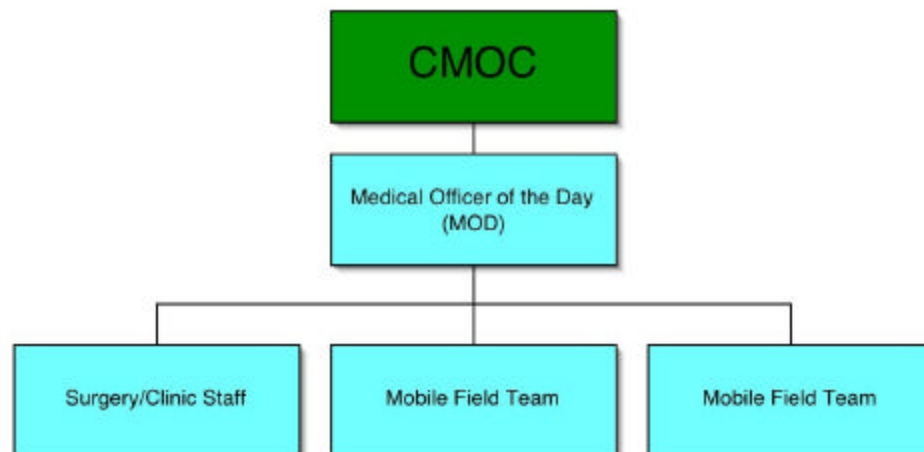
Setting

Rough & Ready 2004 exercise in the Ukraine. For the purpose of this policy, the exercise commences with departure from California and ends with return to California regardless of specific mode of transport.

Concept of Operations

Command and Control

Responsibility for Real-Time Medical operations will be vested in the Medical Director and given to an assigned Medical Officer of the Day (MOD). The MOD will be drawn from the available pool of physicians. If a physician is not available, a mid-level practitioner or registered nurse may serve as MOD. The MOD reports directly to the CMOC.



The MOD will assign personnel to Main Medical and field teams as necessary to provide adequate medical coverage for all exercise activities. Field teams are expected to remain at designated posts until the area is clear or they are released from duty by the MOD.

The Medical Director, and the MOD, is the final medical authority in the resolution of all patient care issues, including level of medical care, disposition, and transportation. The MOD provides oversight and medical control for surgical/clinical staff as well as mobile field medical teams. The MOD may request the CMOC to temporarily suspend exercise operations in the event of a medical emergency.

Medical Logistics

A facility designated **Main Medical** will be established at Yavoriv Polygon. Main Medical will be staffed and open for care 24 hours per day.

Clinical/surgical equipment, medical supplies, and the main pharmaceutical cache will be housed in Main Medical. The MOD, or his/her designate are accountable for all surgery/clinic supplies and equipment, including the security of pharmaceuticals. Trauma bags, airway bags, backboards, defibrillators, and drug boxes will be checked out to field teams and inspected upon their return. A complete field kit consisting of a trauma bag, airway bag, backboard, defibrillator, and drug box will remain in Main Medical at all times.

The pharmacist or his/her designate is responsible for the security of the pharmaceutical cache, including narcotics. Narcotics will be secured in a locked case at all times. The Main Medical narcotic cache will be inventoried and recorded at the beginning of each operational period by two licensed medical personnel. Any discrepancies will be resolved immediately. If any narcotics remain unaccounted, a report will be made to the pharmacist and the MOD and an investigation will be initiated.

Drug boxes will be inventoried and sealed with a numbered locked at the beginning of each operational period. Restocking of drug boxes will be done by the pharmacist. At the discretion of the pharmacist, boxes with unbroken seals do not have to be re-inventoried.

Communications

The MOD will maintain radio contact with field teams and Main Medical. A separate radio frequency will be established for RTM communications. Each field team will be issued a radio and call sign.

Requests for additional resources from military medical personnel will be routed through the MOD and CMOC.

Patient Care Policies and Procedures

General Medical Care

Real-Time Medical has the resources and expertise to meet a wide range of health needs. Main Medical is fully equipped and staffed to deal with all major emergencies. Treatment is also available for common urgent complaints such as:

- Common travel maladies
- Sprains
- Cuts and scrapes
- Headaches and acute pain
- Asthma and other respiratory conditions
- Bronchitis, pneumonia, colds and flu

A limited supply of personal care items are stocked at Main Medical. Just ask!

Routine medical needs will be addressed during a twice-daily "sick call" at Main Medical. All personnel with minor injuries, medical concerns, or prescription medication needs are encouraged to take advantage of "sick call" in order to avoid disruptions in the exercise schedule. This includes requests for over-the-counter medications such as aspirin, ibuprophen, immodium, antacids, etc.

Any team member with an urgent or emergent medical problem should inform his/her immediate ICS supervisor immediately. Request for care can be made through Main Medical or via a field medical team. Main Medical personnel will be available 24 hours a day.

Field Medical Care

Patients will be rapidly assessed and stabilized in the field and then transported to Main Medical for further evaluation and definitive treatment. A dedicated vehicle will be available for this purpose. A medical record or triage tag will be created for each patient and will accompany the patient through all phases of care. Any deviation from this policy, including an alternate destination for the patient, must be approved by the MOD.

Patients with minor trauma or medical conditions which can be definitively and safely treated in the field may not require transport. Any questions and concerns regarding the appropriateness of field treatment should be referred to the MOD.

In the event of a Mass Casualty Incident (MCI), field teams will organize and direct initial triage procedures and take direction from the MOD until relieved by additional units as assigned by CMOC.